

# LESSONS LEARNED ON THE TEE

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ROBBIE FRITZ, PGA

CERTIFIED PROFESSIONAL , INSTRUCTION



# BACKGROUND

- DOI at Greensboro Country Club
- Broughton High School Raleigh, NC
- Former HP/DOI at Methodist University
- Jim McLean Golf Schools
- John Jacobs' Golf Schools





# METHODIST UNIVERSITY

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- 37 National Championships
- 7 PGA Professionals
  - Mentors
- Private 18-hole Golf Course
- Private GRAA Top 50 Practice Facility
- “Downback.”
- Job Placement







Robert A. Fritz, PGA



# EXPERIENCE

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- “You gain good judgment through experience and you gain experience by...” Will Rogers
- > 90 Instructors Observed
  - I’ve seen students...
  - I’ve seen instructors...
- One Thing I Learned From

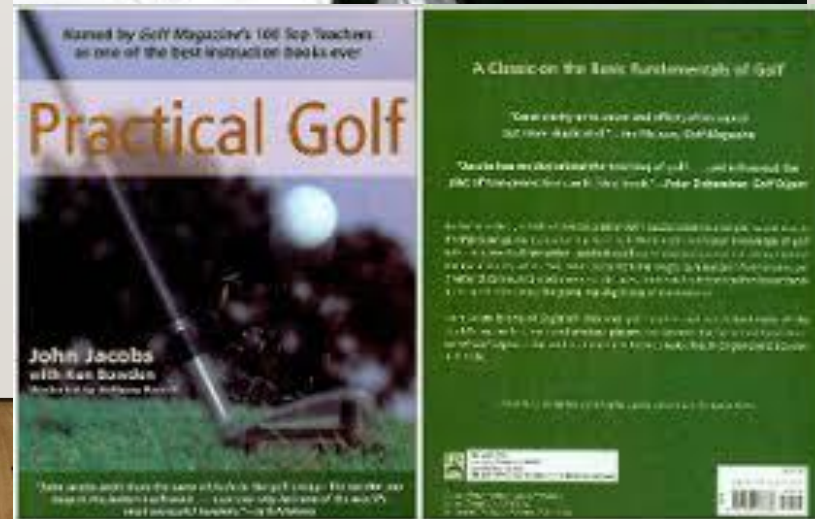




*“The sole purpose of the golf swing is to produce a correct impact. The method employed is of no significance as long as it is repetitive.” John Jacobs*

- Why do you change what you change?
  - Teach THE basics
  - Method
- “Golf is what the ball does!”
  - Start direction, curve, trajectory
  - Sound club on ball, ground

<https://jacobsgolf.com/>



*“John’s stuff is simple and easy to understand because it’s right. It works for every player who ever lived or will live.” Butch Harmon*

- Benefits
  - “Hit the next ball better.”
  - Student buys in.
  - Small change.
  - External cue vs. internal.
  - Student becomes own coach.
  - Short game & long game.

<https://jacobsgolf.com/>



***the plane truth™***

<https://www.planetruthgolf.com/>





*“... the improved ability to learn from ball flight  
was my most important breakthrough in 2005.”  
Tiger Woods*

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*“The golf swing is like the scales of justice. You don’t want them swinging too far one way or the other.” – Jim Hardy*

ATTACK ANG.	FACE ANG.	CLUB PATH
1.1	0.9	11.6
-2.2 deg ±1.4	3.1 deg ±4.2	11.1 deg ±1.5









*“The ultimate judge of your swing is the flight of the ball.” Ben Hogan*

ATTACK ANG.	FACE ANG.	CLUB PATH
-2.4	3.2	5.7
-2.2 deg ±1.4	-0.4 deg ±3.4	1.8 deg ±1.7



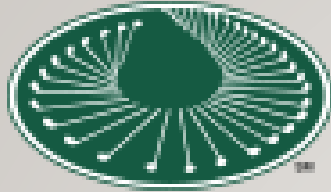
# SLICE TO DRAW

- Grip.
- Ball back.
- Handle higher.
- Handle forward.
- Closed body alignments (top down).
- Farther away.
- Tilt away.
- Flare away.

# HOOK TO FADE

- Grip.
- Ball forward.
- Handle lower.
- Handle back.
- Open body alignments (top down).
- Stand closer.
- Less tilt away.
- Flare towards.





JIM MCLEAN  
GOLF SCHOOLS

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- 3 Steps to Improvement:
  - Now
  - Instead
  - How



<https://jimcleangolf.wordpress.com/tag/jim-mclean/>



# NOW

- Baseline
- Measure
- Ball
- Ground
- Club
- Body



- Video
- TrackMan
- Face Tape or Spray
- Game
  - Trent Wearner “Golf Scrimmages”
  - Akins & King “Golf’s Red Zone Scoring Challenge”
  - How many out of 10?









FACE ANG.	CLUB PATH	BALL SPEED	CARRY	TOTAL
0.9	-11.7	97.8	120.2	143.0
-0.6 deg ±5.1	-2.4 deg ±5.3	102.3 mph ±4.2	116.1 yds ±22.9	154.1 yds ±18.3





FACE ANG.	CLUB PATH	BALL SPEED	CARRY	TOTAL
1.1	1.1	107.7	136.7	175.3
-0.6 deg ±5.1	-2.4 deg ±5.3	102.3 mph ±4.2	116.1 yds ±22.9	154.1 yds ±18.3



# INSTEAD

- Clear Picture
- Demonstrate
- Database
- Pictures, Videos

<https://www.jimmclean.com/>





# HOW

- Verbal
- Visual
- Kinesthetic
  - Feel too much
  - Not enough
  - Just right
- Drills and Reverse Pressure

<https://www.jimmclean.com/>



# HOW

- Jim McLean's Elimination Theory
  - Eliminate
    - Course
    - Range
    - Hit
    - Bad Swings
    - Bad Motion

<https://www.jimmclean.com/>





# THANK YOU



- Why do you change what you change?
- “Golf is what the ball does!” John Jacobs.

- Solid and predictable.



- “Three Steps to Improvement”  
-Jim McLean



- Greensboro Country Club
- Operation 36



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