

The Plane Truth + & - System

Presentation at the Carolinas PGA Teaching Summit

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What is the Primary Mission?

“The sole purpose of the golf swing is to produce a correct repetitive impact. The method employed is of no significance as long as it is correct and repetitive.”

-John Jacobs

Hit the Next Ball Better

3 reasons a student does not hit the next ball better...

1. Information is incorrect
2. Student doesn't understand what he or she is supposed to do
3. Student understands the information, but just isn't performing the prescribed change.

What is the Student's Problem?

- Why is the student there?
- Every student gives the same answer
- April 4th-August 26th
- Angle Problem or a Clubface Problem
- Solid over straight



Angle Problem

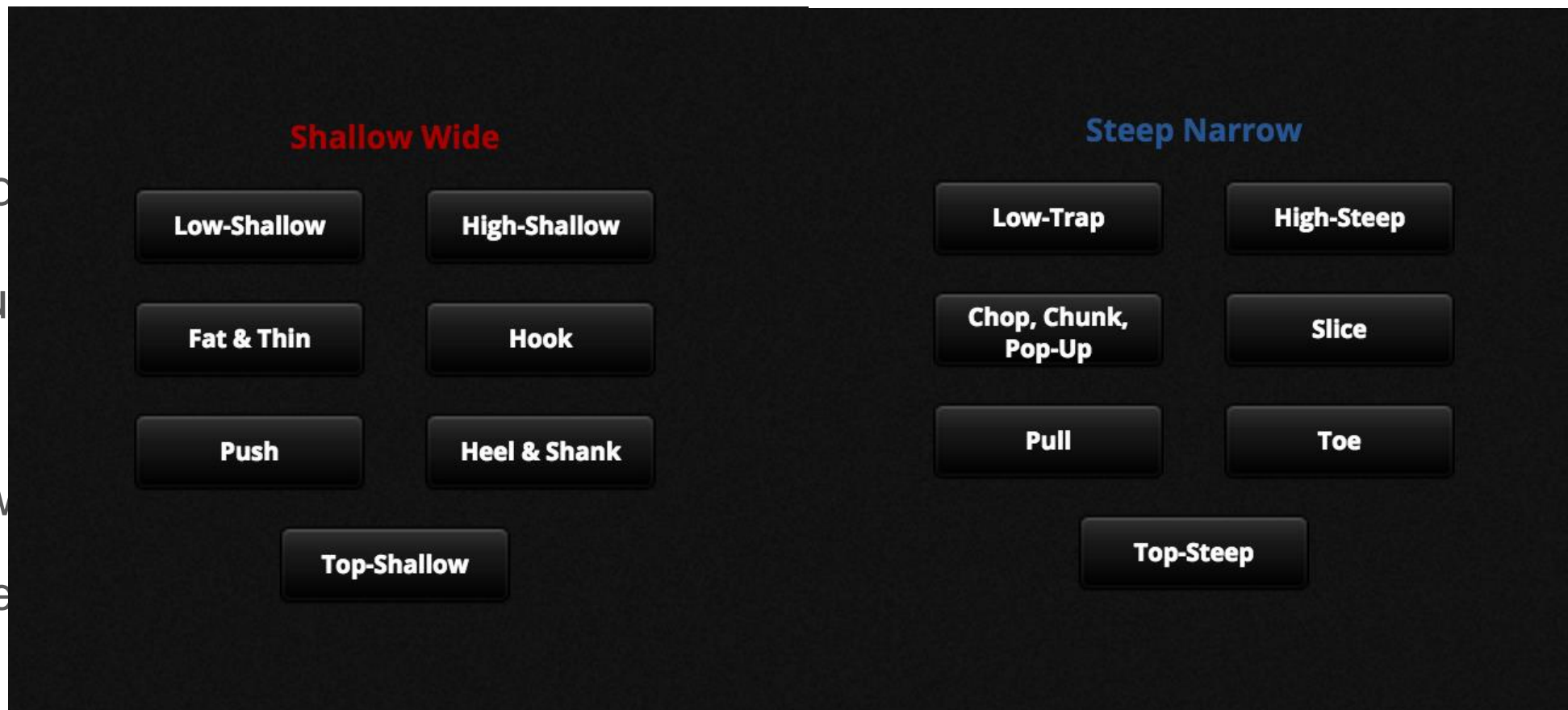
- Instruction often starts with the wrong end
- Start with flight of the ball and work backwards. You'll never be wrong.
- If not neutral then S/W or S/N impact and resulting ball flight

• Prejudice for

• Sophisticated

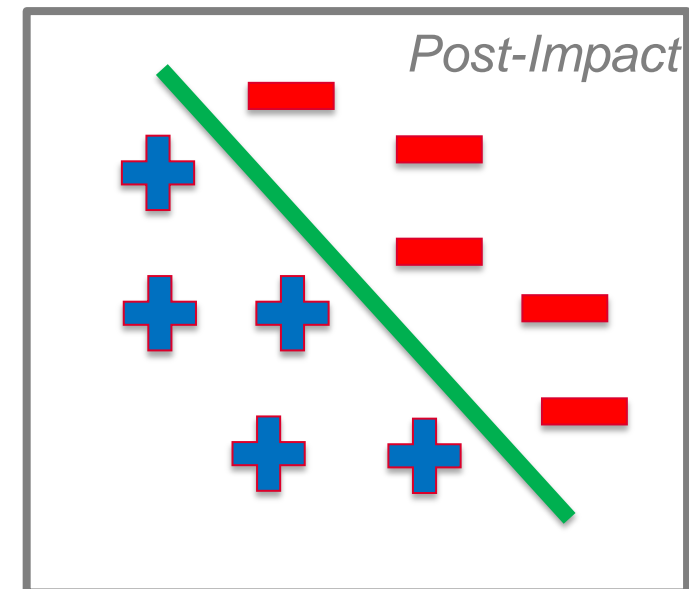
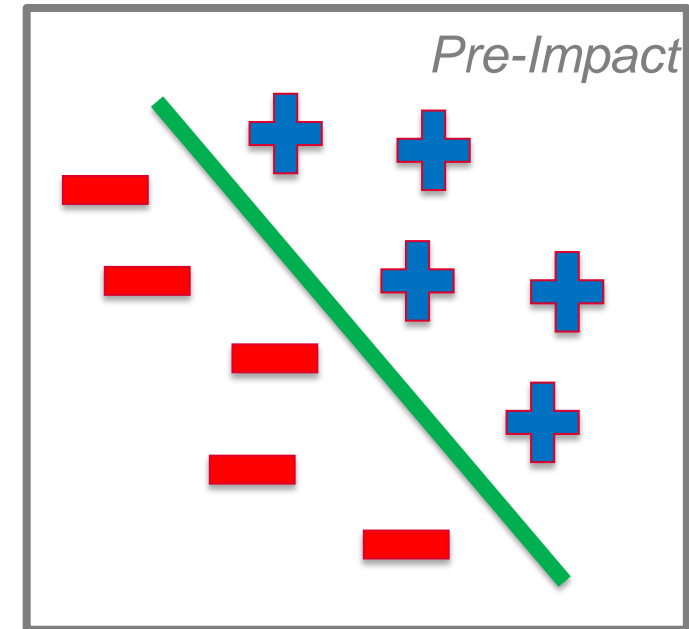
• How do I figure

- Hybrids
- 50 yard w
- 3 wood te



+ & -

- Anti-model
- 2 general categories of swings
- Prejudices
- Teach golf swing or teach golf
- EVERYTHING is a + or a –
- S/N = +
- S/W = -
- Angle and swing bottom interchangeable
- + & - from face on and down the line



+ & -

- 4 segments and 2 motors
- Where is the biggest area of opportunity?
- Prefer to get as close to action as possible
- Prefer to focus on the arms/hands/club
- 1 Fix/Equal vs. 2 Fix/Opposite

